



INTEGRATED VISCERAL TECHNIQUES

WITH MICHAEL MCMAHON, LAc, LMT^{#14129}

DATE & TIME:
SAT, OCT 7th
9:30 AM - 5:30 PM

LOCATION:
Kwan Yin East
3115 NE Sandy Blvd.
Suite #231
Portland, OR 97232

COST: \$225.00
Full-time students in an accredited healthcare program may register at a discounted rate of \$200.

2017/2018 TRAININGS:
CS1: OCT 21-22, 2017
CS2: NOV 11-12, 2017
CS3: APRIL 28, 2018

ACTIVE ISOLATED STRETCHING:
AIS I: SEP 23, 2017
AIS II: JUNE 9, 2018

MFR 1: FEB 3-4, 2018
MFR 2: NOV 4 - 5, 2017
MFR 3: JUNE 2-3, 2018

SKILLS SESSIONS:
LOW BACK: JULY 18
DIAPHRAGM: AUG 8

ABOUT THIS COURSE: The abdomen is a rich area for treatment of all types of symptom pictures. In our experience, the abdomen responds incredibly well to an approach that combines visceral manipulation techniques with acupuncture. This course offers a unique opportunity for people to learn an approach that seamlessly combines visceral manipulation techniques with acupuncture. One of the benefits of putting the abdomen in your hands as a practitioner is that you open the gates for improved diagnostic understanding and improved treatment results.

Visceral manipulation is essentially myofascial release applied to the viscera. In the class we will spend some time mapping the abdomen anatomically, overlaying our channel and point understanding with the location of the different organs and other structures. As we better understand the nature and location of the abdominal structures we will explore applying myofascial-visceral techniques to specific structures. This class will be one of a series on the abdomen and will focus on the upper abdomen. For more info: www.movingmountaininstitute.com

MICHAEL MCMAHON, LAc, LMT is adjunct faculty at NUNM and has a thriving practice in Portland. Michael has been fortunate to have trained closely with luminary figures in bodywork and cranialsacral fields. He is happy to share what he has learned from integrating Chinese medicine with his 16 years of experience in cranialsacral, myofascial release, visceral manipulation, and active isolated stretching techniques.

CONTINUING EDUCATION: NCCAOM & OBNE CE hours available pending approval

PREREQUISITES: Participants must be licensed, certified health professionals or enrolled in an accredited healthcare program or otherwise legally entitled to practice hands-on therapy.

REGISTER: We hope you will join us! To receive more information or to reserve your spot, register online at www.movingmountaininstitute.com.